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## Nanovesicles based drug targeting to control tumor growth and metastasis

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## ABSTRACT

Cancer is still a global challenge for healthcare professional and scientists due to complicated pathological pathways, inefficient early diagnosis, and limited safe delivery system at economic treatment cost. Despite these, other factors (life style, environmental problem, socio-economic issues, patient related complications, expensive therapy, and genetic history of oncogene) played significant role to spread and complicate treatment. However, various novel carriers have been explored and reported for effective and efficient drug delivery using polymers and lipid. Among them, vesicular systems are considered as the most biocompatible and safe for delivery of hydrophilic and lipophilic drug candidates. Therefore, the present review addressed various forms of nanovesicular systems with their benefits, progressive development stages, and mechanistic insights for drug targeting (active and passive), specific cancer wise nanovesicles, exosomes, and commercial products with potential clinical applications. The review primarily highlighted the major findings of nanovesicles employed to control solid tumor when a chemotherapeutic drug was used in specific vesicles based nanocarriers. Notably, miscel-laneous exosomes, blood cells-based drug delivery (neutrophils and leukocytes), pH-responsive nanovesicles improved drug therapy by targeting tumor tissues and high drug access in the site of action. Finally, co-administration of chemotherapeutic drugs (combination therapy) further revealed convincing therapeutic outcomes as compared to standalone.

## 1. Introduction

Cancer is a prime reason for death globally and WHO (World Health Organization) reported about 10 million death in 2020. Moreover, 0.4 million cancer cases developed in children annually. In 23 countries, the cervical cancer has been reported to be the most common leading cause of death [1]. Breast cancer is the most common and invasive type of cancer in the course of women life accounting about 12.5% of all cancer cases globally. In January 2022, it was more than 3.8 million women with a history of breast cancer in women in the USA whereas it is expected to reach 30% of all cancer cases in 2022 (43,250 women expected to die in 2022). Notably, about 85% of breast cancer occurs in women with no history of breast cancer [2]. The disease is global challenge due to lack of tangible treatment option, inability to diagnose at early stage of cancer progression, unknown causative factors and effective drugs. Different types and stage of identification have the different survival rate.

Many cancer therapies are available nowadays from conventional medication to advance therapeutic strategies including novel targets, newer medicines and novel drug delivery of anticancer molecules with enhanced potency and reduced toxicity. However, the common unavoidable topic related with all anticancer therapy is severe toxic effect to normal cells due to non-targeted distribution of drugs causing cardiotoxicity, nephrotoxicity, myelosuppression, and bone marrow depression. Despite of advancement in the site-specific treatments for cancer over-expression targets, the rate of survival is significantly declined. On the other hand, the development of novel Nano-drug delivery system that signifies an important unmet medical need. The tumor target-specific medicines may enhance the drug delivery at larger dose and may increase the therapeutic efficacy with less toxic effect [1]. The traditional drug delivery systems encompasses a smaller number of therapeutic medicines at the illness site [2]. The aim of the target drug

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